

SUPPORTING THOSE DIAGNOISED WITH CANCER

+1-800-23-CANCER +1-800-232-2623

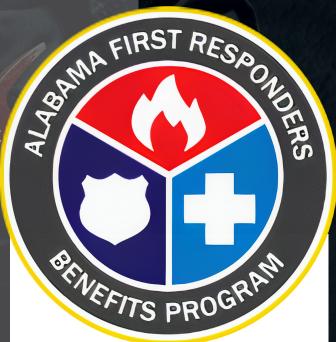
alfrbp.com

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- Confidentiality is important keep this in mind with all your interactions
- Connect the diagnosed with the Firefighter Cancer Support Network:

firefightercancersupport.org

- Provide peer support / EAP /
 behavioral health resources,
 including support for spouse /
 significant other
- Provide support through listening and checking in frequently
- Offer to assist with any family needs
- Offer to assist with appointments (driving to and from or as a notetaker)
- Encourage them to maintain organized copies of all reports and scans
- Encourage others to send cards in the mail showing support
- Set up a "meal train" if your colleague will be home for an extended period of time.





www.iaff.org



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This information is brought to you by the International Association of Firefighters and the Firefighter Cancer Support Network